



WHEN YOU ENTER THE LONG-ARM ROOM YOU ACKNOWLEDGE THAT YOU ARE USING THE FACILITIES AT YOUR OWN RISK. COVID-19 MAY BE PRESENT.

In accordance with the Centers for Disease Control and Prevention (CDC), State of Arizona, and HOA Board of Directors, all residents are required to follow these guidelines.

- If sick, go home. Do not enter.
- Visitors and guests are not allowed entry.
- If you are at higher risk for severe illness, you should avoid this area. People at higher risk for severe illness include adults 65 or older and people of any age who have serious underlying medical conditions.
- Wash hands with soap and water.
- Use hand sanitizer if soap and water is unavailable.
- Wash/sanitize hands before, during, and after use of equipment.
- Disinfect all equipment between uses.
- Maintain a minimum six feet social distancing from other residents at all times.
- Utilize a cloth facial covering or mask. Masks are not a substitute for staying six feet away from others.
- Do not touch your eyes, nose, or mouth.
- Bring your own water bottle, tissues, and hand sanitizer.
- HOURS ARE 7:00 A.M. THROUGH 4:00 P.M. MONDAY THROUGH FRIDAY.
- MAXIMUM OF TWO (2) PEOPLE WILL OCCUPY THE ROOM.
- PRIOR TO DEPARTING CLUB MEMBERS WILL CLEAN AND DISINFECT ASSOCIATION OWNED TABLES, CHAIRS TOOLS AND EQUIPMENT USED BY CLUB MEMBERS WITH SANITIZER PROVIDED BY THE ASSOCIATION.
- CLUB MEMBERS WILL PROVIDE THEIR OWN SANITIZER FOR ALL PERSONAL ITEMS USED BETWEEN 7:00 A.M. AND 4:00 P.M..
- THE HOURS OF USE ARE SUBJECT TO CHANGE BASED ON REINTRODUCING THE MASSAGE THERAPIST INTO THE SCHEDULE. THIS DATE IS TO BE DETERMINED.
- GUIDELINES WILL BE REVIEWED AND REVISED AS NEEDED.

LET'S SLOW THE SPREAD

TOGETHER WE CAN MAKE A
DIFFERENCE



COVID 19

