

## AS OF 7/01/2020, THE FITNESS CENTER IS CLOSED

### **SVE GUIDELINES FOR FITNESS CENTERS – PHASE ONE**

The following guidelines have been developed by the SVE Fitness Center officers and the HOA Board of Directors as a direct result of the May 12, 2020, Executive Order by AZ Governor Ducey allowing reopening of gyms and fitness centers previously closed due to the Covid-19 virus. The Executive Order also provided specific protocols for gyms and fitness providers to reopen and those guidelines have been modified for use at SVE's fitness centers.

### **RESPONSIBILITIES OF FITNESS CENTER OFFICERS**

1. Encourage following of the guidelines by all fitness club members/users.
2. Fitness club officers are allowed to enter fitness centers at any time whether or not the maximum number of persons allowed has been reached in order to perform official responsibilities, but not to exercise.

### **RESPONSIBILITIES OF SVE HOA BOARD AND ADMINISTRATIVE OFFICE**

1. Distribute information contained within these and other guidelines to all residents of SVE through email, bulletin board or other social media electronic means.
2. Prepare and install signs at entrances and inside fitness centers listing requirements to use fitness centers.
3. Tape off and/or rearrange equipment to promote social distancing.
4. Provide hand sanitizer and disinfectant solutions.
5. Tape off or cover water fountains so only bottle fillers are usable.
6. Fitness centers will be opened by security personnel by 5:15 a.m. and closed at 7:00 p.m.
7. Maintenance/Housekeeping will deep clean facilities once a day from 11:00 a.m. – 1:00 p.m. and provide partial cleaning every two to three hours throughout the day. Fitness centers will be closed from 11:00 a.m. – 1:00 p.m. daily.

### **RESPONSIBILITIES OF FITNESS CENTER USERS**

1. **Do not use fitness center equipment or enter fitness center if you are sick or have been exposed to Covid-19.**
2. Only residents will be allowed to use the fitness center facilities. There will be NO visitors allowed. This includes children and grandchildren of residents.
3. If you are at higher risk for severe illness or have a serious underlying medical condition, you should avoid using fitness equipment at fitness centers.
4. Following are the maximum numbers for each facility to allow appropriate social distancing:  
North fitness center weight room: Three (3) residents  
North exercise room: Five (5) residents  
South exercise room (free weights and exercise equipment): 15-18 residents
5. Each resident will have use of the fitness center for 60 minute periods with 30 minutes allowed on treadmills and/or elliptical machines.
6. During Phase 1, small equipment such as resistance bands, stretch mats and balls will not be available for use.
7. Do not congregate at entrances/exits when arriving at or leaving facility.
8. Maintain social distancing by staying at least 6 feet apart from other fitness users as well as when walking to and from the bathrooms at the pools.
9. Bring your own water bottle/towels/tissues. Additional personal hand sanitizer is also recommended.
10. Wash/sanitize hands before, during and after exercise.
11. Do not touch your eyes, nose and mouth.
12. Wipe down frequently touched surfaces on gym equipment with disinfectant before and after each use.
13. Each fitness center user is reminded that the choice of whether to participate is up to each individual and the risks of such action are completely the responsibility of that user, i.e., you use the facilities at your own risk.

The success of reopening efforts is dependent on the cooperation of the residents of SVE. If the HOA Board finds that residents are not following guidelines and are potentially endangering themselves and others, additional closures and/or

restrictions are likely. We want to keep the fitness centers open for residents to use and it will take everyone's cooperation to make that happen.